



**SWEET&NATURAL**



## Sample Menu

### Appetizer

#### **Meat**

Beef on skewers  
Mini BLTA Sandwich  
Chicken Satay with peanuts sauce  
Minced Chicken or Pork in Endive Spears  
Asparagus wrapped with thin sliced beef  
Sliced steak on crostini with arugula pest  
Gorgonzola Cheese and Chicken roll on Crostini  
Mini Pork Cutlet and onions on skewers(Mini Kushikatsu)  
Prosciutto roll with Cranberry, Brie Cheese and spring greens

#### **Fish**

Ceviche  
Crab Cakes  
Scallop wrapped with pancetta  
Shrimp wrapped with bacon avocado dip

#### **Vegetarian**

Mini Frittata  
Spanakopita  
Assorted Sushi  
Pumpkin Croquette  
Vegetable spring rolls  
Fresh Vietnamese rolls  
Fried vegetable won ton  
Polenta with mushroom  
Japanese Pancake (Okonomi yaki)  
Cheese Display with baguette and crackers  
Mini Yukon potatoes filled with blue cheese  
Stuffed mushroom with vegetables and cheese  
Cambonzola cheese, Poached Pear and Nuts on Crostini  
Goat Cheese and Semi Dried Cherry tomatoes on Crostini  
Brochetto(Mozzarella cheese, basil, tomato, olive on skewer)  
Grilled Vegetable Displaywith homemade dip or garlic oil Caramelized Onion Puffs

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## **Sample Menu**

### **Salad**

Caprese Salad  
Quinoa Salad  
Fennel and apple salad  
Pork shabu sahu Salad  
Crab and Avocado Salad  
Avocado and Shrimp salad  
Julienne Salad with ginger dressing  
Beets and goat cheese salad with pine nuts  
Salad with Seasonal vegetables Jule doressing  
Spinach Salad with warm mushroom vinaigrette  
Baby Spinach, Asparagus, avocado, and orange salad  
Cucumber, Tomato, and Celery salad with mint dressing  
Spring mix with poached pear, nuts and gorgonzola cheese Balsamic dressing

### **Soup**

Gazpacho  
Corn Soup  
Corn Soup  
Miso Soup  
Vichyssoise  
Minestrone  
Clam Chowder  
Celery Root Soup  
Potato and Leek Soup  
Butternut Squash Soup  
Carrot and Ginger Soup  
Vegetable and Barley Soup  
Leek and Garbanzo bean Soup

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## **Sample Menu**

### **Main Course**

#### **🐷 Meat**

Beef Stew  
Oxtail Stew  
Braised Short ribs  
Tri-Tip Roast with chimichuri sauce  
Fillet of Beef with wine porcini sauce  
New York Steak with anchovy butter

Braised Pork with Plums  
Roasted fresh herb marinated pork tenderloin  
Stuffed Pork with dried fruit and gorgonzola cheese

Apricot Chicken  
Coq Au Vin blanc  
Chicken Parmesan  
Mediterranean style grilled chicken  
Grilled chicken with balsamic sauce  
Grilled chicken with creamy mustard sauce

#### **🐟 Fish**

Seared Ahi Tuna  
Herb crusted Halibut  
Fillo wrapped salmon  
Cod with green sauce crust  
Miso Glazed Tilapia or salmon  
Sautéed Prawns with lemon sauce  
Herb Crusted Salmon or Black Cod  
Teriyaki Salmon with Mango and Pineapple salsa  
Mahi Mahi or Red Snapper with lemon aioli caper sauce  
Salmon Roule with sundried tomato, capers and olive paste

#### **🌱 Vegetarian**

Ratatouille  
Porcini Penne pasta  
Vegetable Napoleon  
Vegetable Wellington  
Butternut squash risotto  
Vegetable Shepherd's pie  
Buckwheat noodle with vegetables  
Sun dried tomato and portabello mushroom pasta

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## **Sample Menu**

### **Side Dishes**

Lemon Pilaf  
Anna Potato  
Penne Pasta  
Stuffed Zucchini  
Grilled Asparagus  
Roasted vegetable  
Cauliflower Gratin  
Broccoli with pine nuts  
Sautéed Bok Choi with Oyster Sauce  
Orzo Pasta with spinach and feta cheese  
Sautéed Green Beans with garlic and soy sauce  
Sautéed Brussels Sprouts with caper, bacon, and lemon

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## **Sample Menu**

### **Dessert**

Tiramisu  
Fruit Tarts  
Cream Puff  
Apricot Tarts  
Banana Cake  
Cheese Cake  
Apple Strudel  
Chocolate Tarts  
French Macaroon  
Chocolate mousse  
Apple Crumble Cake  
Strawberry Tiramisu  
Chocolate Rolled Cake  
Green Tea Rolled Cake  
Fresh Fruit Rolled Cake  
Strawberry Short Cake  
Up-side-down Pear Cake  
Lemon Cream Rolled Cake  
Different types of Cookies  
Seasonal fruit mousse cake  
Pavloa with Mascarpone Cheese Cream and Fresh Fruit

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