



SWEET&NATURAL



Sample Menu

Entree

Chicken

Coq Au Vin
Apricot Chicken
Sesame Chicken
Moroccan Chicken
Chicken Cacciatore
Chicken and Sausage Paella
Yakitori (Japanese style chicken on skewers)
Teriyaki Chicken with Mango and Pineapple Salsa
Grilled Chicken Breast with Creamy Mustard Sauce
Grilled Chicken with Tomato Kalamata Olive and Tomato Relish



Beef

Beef Stew
Tri Tip Beef Salad
Hawaiian Short ribs
Stir Fried Beef with Green Beans and Chiles



Pork

Hawaiian Pork Shoulder
Pork Cutlet Sandwiches
Pork Tenderloin Roast with Plum Sauce
Stuffed Pork with Gorgonzola Cheese & Dried Fruits



Fish

Teriyaki Salmon
Herb Crusted Salmon
Miso Glazed Tilapia



Vegetarian

Vegetable Stew
Teriyaki Tempeh
vegetarian frittata
Vegetable Skewers
Vegetable Wellington
Vegetable Shepherd's Pie
Vegetable Ragu Penne Pasta
Stuffed Portabella Mushroom
Stir Fry Vegetable with Bean Curd
Ginger Soy Glazed Tofu with Mango Pineapple Salsa

These are some of our sample menu. You can create the menu for your preferences and needs. Please contact us for your special requests.



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Side dishes

Green Salad
Arugula Salad
Asparagus Salad
Apple and Fennel Salad
Green Salad Couscous with Dried Fruit
Tofu Salad
Buckwheat Noodle Salad
Spinach Salad Chinese Style Dressing
Japanese Style Potato Salad

Grilled Broccoli
Grilled Vegetables
Vegetable Stir Fry
Steamed Vegetable with Oyster Sauce and Sesame Oil

Mashed Potatoes
Roasted Potatoes

Steamed Rice
Lemon Rice Pilaf
Pasta



Salad Bar



Make Your Own Sandwich Station

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Sample Menu

Breakfast

Continental Breakfast
Assorted Pastries
Fruit Display
Yogurt
Fresh Orange Juice
Fresh Brewed Coffee

Deluxe Breakfast
Assorted Pastries
Fruit Display
Cheese Display
Quiche
Assorted Cold cuts
Fresh Orange Juice
Fresh Brewed Coffee

Granola Stations
3 kinds of Granola and Cereals
Milk
Yogurt
Fruit Display
Fresh Orange Juice
Fresh Brewed Coffee

We offer on-site Omelet Station.
We make Omelet to order. Please inquire for details.

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